

Matchmakers reveal the shocking requests men make when they are looking for a girlfriend

- Blaine Anderson revealed some men ask for women to have certain body counts
- Matchmakers told DailyMail.com asks include bra size and Ivy League degrees
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By [MARGARET ABRAMS](#)

Matchmaker **Blaine Anderson** shocked the internet when she revealed that some men specifically ask for women to have certain 'body counts.'

Blaine took to X (formerly **Twitter**) with a **tweet** that read, 'Men sometimes say stuff like 'body count under 10' on my matchmaking application,' referencing the number of sexual partners a woman has had.

The Austin-based dating coach for men continued, 'Bro... You think I would ask a woman that? You think a woman would tell me that? You think a woman would answer honestly if she did tell me that?'

Blaine told DailyMail.com she 'would never take on a client who was requesting a specific body count' and shared the requests on social media because they were so out of the ordinary.

'The type of guy who thinks I'd ask a woman her body count isn't someone I'd trust on dates,' Blaine added.

She also says no to potential clients if 'their expectations are out of line with reality.'

While she considers herself an optimist, she said 'if you're an overweight software engineer and you're only interested in fitness models, I probably can't help you.'

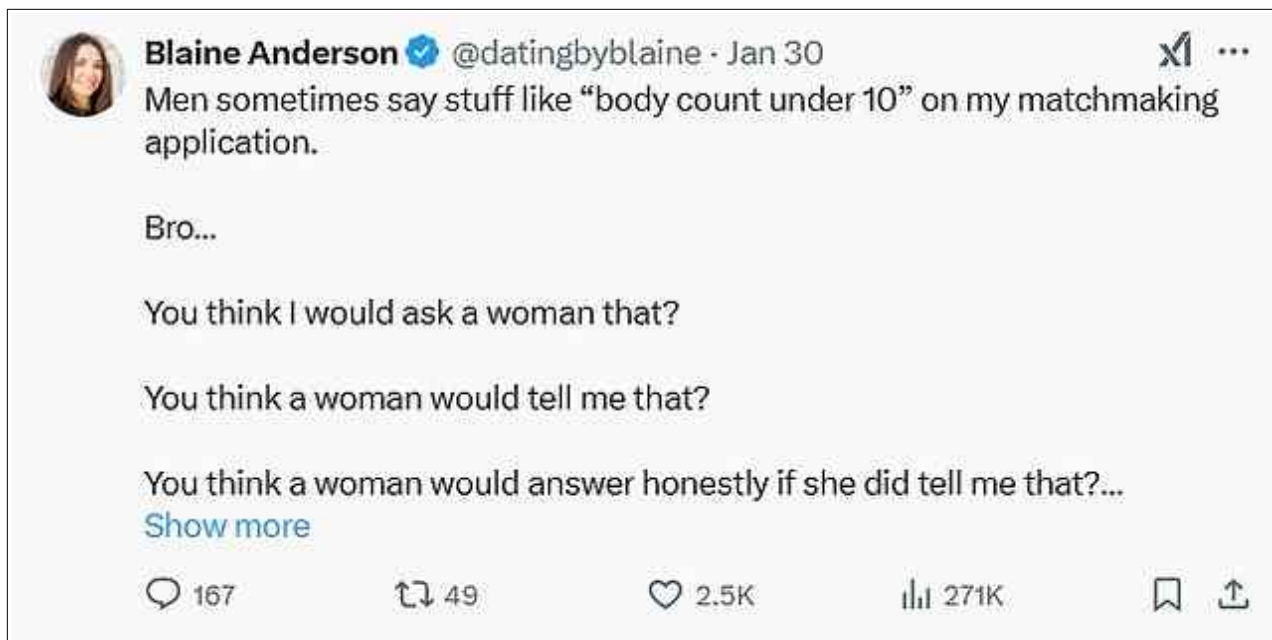
While Blaine said she's okay with some quirky requests, she does turn clients away if 'they're preoccupied with superficial or irrelevant traits.'



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New York City-based matchmaker Carly Spindel, who works with mom Janis, told DailyMail.com, 'Men that hire us are very specific with what they are looking for.' 'One client wanted a woman who lived in Paris because he was a Francophile and loved the romance of Paris,' the high-end matchmaker behind Serious Matchmaking said.

While they cater to what their clients are looking for, including **age preferences**, Carly said one aspect they ask them to relax on is university.

The matchmakers think it's 'irrelevant where the woman's college degree is from,' which is a specific ask, especially from Ivy League-educated clients.



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Mother-daughter duo Janis and Carly Spindel of Serious Matchmaking revealed what male clients are asking for

'When you're sixty plus and she's fifty plus, we question them if the institution of the degree is relevant,' Carly said.

Janis said clients request women who are 'naturally' pretty and well groomed, with nice skin, hair, nails and teeth.

But it's not just about beauty - they want brains, and her clients are looking for worldly women with lots of interests who can challenge them intellectually. They also want a woman who has a healthy lifestyle and is interested in fitness and the outdoors.

However, sometimes the requests get out of hand and the mother-daughter duo has to shut it down.



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'All men are super specific and most men have a type,' VIP matchmaker Carly explained (stock photo)



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Scott said high-net-worth clients are 'looking for this amazing woman who can somehow balance a thriving career while being available whenever they call' (stock photo)

'We just actually got a 17 paragraph list from a man that we were yelling at him on a Zoom, he was literally delusional with how ridiculously specific he was,' Janis revealed.

Scott Valdez, co-founder and CEO of matchmaking business **VIDA Select**, told FEMAIL, 'We regularly get men in their fifties and sixties who want to date women in their early thirties, but specifically request that their wealth not be a significant factor in attracting them.'

'It's fascinating to see this combination of wanting youth and beauty while hoping money isn't part of the equation.'

Scott, who's based in Atlanta, said high-net-worth clients are 'looking for this amazing



Matchmaker Scott Valdez told FEMAIL, 'We've had clients get incredibly specific about physical requirements - right down to exact bra cup sizes'

woman who can somehow balance a thriving career while being available whenever they call.'

'We've had clients get incredibly specific about physical requirements - right down to exact bra cup sizes,' Scott revealed.

'One particularly memorable client was fixated on finding someone who looked exactly like a dancer he'd seen at an upscale club. The level of detail in these requests can be quite surprising.'